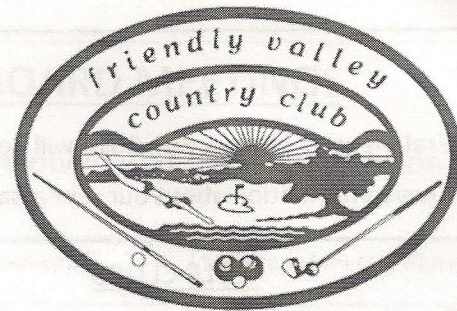


# Villager Newsletter

***December 31<sup>st</sup>, 2017 – January 13<sup>th</sup>, 2018***

***Friendly Valley Channel 1390***

***www.friendlyvalleycountryclubwebsite.com***



## ***Friendly Valley Voice***

***By: Sharon Devol***

*May we all have a Happy New Year filled with laughter and good health!*

*Count your many blessings,*

*Be kind to one another,*

*Pay it forward,*

*Be thankful!*

### **Ceramics Club News**

The Ceramic Club is once again partnering with *In The Kiln* of San Dimas to offer a ceramics technique session on January 24 from 6:30 to 8:30 p.m. This time we will make a picture frame using the "lace technique" which involves using fabric (in this case, lace) to apply a pattern to the piece while adding a design like a flower or heart. The price for this session is \$30, and reservations are needed so we will have enough supplies. Call Judy at 661-360-9386 or Mary at 208-631-8607 to reserve your spot.



### **New Year's Day**

"A fresh start. A new chapter in life waiting to be written. New questions to be asked, embraced, and loved. Answers to be discovered and then lived in this transformative year of delight and self-discovery. Today carve out a quiet interlude for yourself in which to dream, pen in hand. Only dreams give birth to change."

—Sarah Ban Breathnach

### **How to Treat Burns**

A lot of people think you treat burns with butter or ice. That's wrong. According to the Mayo Clinic, butter can prevent proper healing and ice can cause frostbite, damaging skin. You also don't want to cover a burn. In addition, if a burn is serious enough to cause blisters, be careful to avoid breaking or puncturing them. Broken blisters leave you vulnerable to infection.

What you **SHOULD** do is wash the area with cool water and apply antibiotic ointment to mild burns. For burns around sensitive areas such as the eyes or mouth, or any burn that covers an area larger than your hand, see a doctor.

### **No News Is Good News?**

It's been pretty quiet these last two weeks, as folks are busy planning, buying, wrapping, visiting, and celebrating. 'Tis the season! So I don't have much to write about for this issue. See you all "next year!"

*If you have any comments or wish to submit an article for the Villager Voice, please contact Sharon at [music5353@gmail.com](mailto:music5353@gmail.com) or leave a message at (661) 776-5515. To correct information on the inside pages, call the Friendly Valley office at (661) 252-3223.*



## Little Theatre Group

General Meeting January 8th, 2018 will be in the auditorium. Refreshments @ 6:30pm and Meeting @ 7pm. We will have information about our rehearsal times and some plans about the show. All members should attend.

### GOLF CLUBS

#### **MEN'S**

Every 3rd Wednesday @ 2:30 pm in the Annex.

#### **WOMEN'S**

Meeting every 4th Thursday at 12:30 pm in the Annex. If you know the basic rules and etiquette of golf, all are welcome. Call Greeter Sharlene Wicks at 252-0959.

### GROUPS / CLUBS

*(Please call the groups before attending to ensure space)*

#### **BIBLE STUDY**

Bible Study every Tuesday at 10 am in the Conference Room. (Kenneth Liskum 250-7841)

#### **CATHOLIC ROSARY GROUP**

There will be no Rosary on January 1st, 2018!

Rosary recitation in the home of Sheila Davis 26338 N. Green Terrace Dr. (977-1581) Monday, January 8th & 15th @ 7pm. All are welcome!

#### **CERAMICS**

Express yourself through clay! The Ceramics Club holds workshops every Wednesday from 9:00am – 11:30am and now on Thursdays from 6:00pm – 8:00pm. Come explore your artistic side! For more information call Judy (360-9386) or Mary (208-631-8607).

#### **CITY OF HOPE**

Board Meeting: Wed. Jan. 10th @ 9:30am in the Meeting Place.

General Meeting: Sat. Jan. 13th @ 11:00am in the Auditorium. Lunch available \$4.00. Entertainment—All welcome.

#### **F.V. COMMUNITY CHURCH**

Sunday Service @ 10 am, all denominations welcome!

#### **FV LAWN BOWLS CLUB**

Lawn Bowls Change of daily play time to 1:15PM (check in) 1:30PM (play). New member coaching M & F. Call Roy (323-850-6569).

### FRIENDLY VALLEY TWIRLERS

Learn a fun way to exercise! The FVCC Square Dance class will start Tuesday, January 2nd 10am-12pm in the Auditorium. If you would like to join us, please contact Joni Micals @ 904-6142.

#### **HELPING HEARTS & HANDS**

Join us on Jan. 4th @ FV Church from 12:30pm-2:30pm to sew, knit, crochet, and help with other projects for hospitals, nursing homes, veterans, children, homeless, etc. A HAPPY AND HEALTHY NEW YEAR TO ALL.

#### **FV LAWN BOWL CLUB**

Bunco-FVLBC will be holding Bunco on the 1st Sunday of every month in the "Golf Lounge". January 2018 on the 7th @ 6:45pm. \$1.00 and 6 for \$5. call Freda @ 818-317-0644 for further information.

#### **NAMI (National Alliance on Mental Illness)**

No cost ongoing support groups. Call Zee @ 818-371-9381. Various location, day, and times. Info on FREE education programs.

#### **NIP & TUCK PINOCHLE**

Pinochle joins on Thursdays from 12-5 pm in the Men's Card Room. 2nd Thursdays in the Annex (Al Lerch 644-2423)

#### **NO WILD POKER**

Poker players needed. Tuesday nights from 7-10 pm. Meeting Place. (Al Lerch 644-2423)

#### **SARI'S ART CLASS**

Classes in the new year begin on January 5th, 2018 in the conference room from 12-2pm. Classes beginner to advanced. NO EXPERIENCE NECESSARY. You will have a lot of fun! Start a new hobby. Meet new friends. Call Sari 914-629-1780

#### **WRITERS CLUB**

Learn how to improve your writing. Bring your memories, ideas, thoughts, or stories to the Writer's Group meeting. Mondays from 2pm-4pm in the Meeting Place. For info call Dona Alsover (661-299-4355).



### **Library Reminder:**

Before you start to listen to an audio book, you might want to count the discs to make sure they are all there. This will prevent disappointment in the event one is missing. And on the other, when you return an audio book, make sure *all* the discs are in the box.

### **Association 4 Residents**

Please disregard notice from Gas Co. Re: Insurance for broken pipes—Association 4 covers broken pipes in walls.

## **SECURITY NEWS**

There was recently an accident at Whispering Leaves. **PLEASE** use caution when exiting the whispering leaves gate.

### **Community Council**

Wednesday, *January 3<sup>rd</sup>*, 2018  
@ 10 am in the Auditorium

## **BOARD MEETINGS**

Are you involved with your Association?

Assn. 2	January 2 <sup>nd</sup>	10:00 am <i>Meeting Place</i>
Assn. 1	January 2 <sup>nd</sup>	4:30 pm <i>Annex</i>
Assn. 3	January 5 <sup>th</sup>	9:30 am <i>Conference Room</i>
Assn. 4	January 9 <sup>th</sup>	6:00 pm <i>Conference Room</i>
Assn. 7	January 10 <sup>th</sup>	2:00 pm <i>Meeting Place</i>
Assn. 5	January 10 <sup>th</sup>	4:00 pm <i>Annex</i>
Assn. 11	January 11 <sup>th</sup>	6:00 pm <i>Annex</i>
Assn. 9	January 15th	6:00 pm <i>Pierce's Home</i>
Assn. 8	January 15th	7:00 pm <i>Ladies Card Room</i>
Assn. 10	January 16th	5:00 pm <i>Ladies Card Room</i>
Assn. 6A	January 16th	6:00 pm <i>Annex</i>
Assn. 6BC	January 17th	10:30 am <i>Meeting Place</i>
Assn. 6	January 17th	6:00 pm <i>Annex</i>

### **Rec Board Meeting**

Monday, *January 8th*, 2018  
@ 10 am in the Auditorium

### **City of Hope Bingo & Lunch**

Saturday, **January 27, 2018** at **1:00pm** in the Friendly Valley  
Auditorium. \$20.00

RSVP January 23rd. Call Phyllis

(661-298-8003) or Harriet (661-299-6944). Make check payable to City of Hope. Residents leave donation in the City of Hope box in the Business



**Sunday December 31**

10:00 am **Service**—FV Community Church  
1:15 pm **Lawn Bowls**

**Monday January 1**

8:30 am **Aerobics**—Annex  
10:00 am **Exercise 1**—Annex  
1:15 pm **Lawn Bowls**  
2:00 pm **Water Exercise**—Pool (Weather Permitting)  
2:00 pm **Writers Group**—Meeting Place

**Tuesday January 2**

9:00 am **Strengthen & Tone**—Annex  
1:00 pm **Pinochle**—Men's Card Room  
1:15 pm **Lawn Bowls**  
3:30 pm **Shuffleboard**

**Wednesday January 3**

*Men's Golf Play am*  
8:30 am **Aerobics**—Annex  
9:00 am **Ceramics Morning**  
10:00 am **Exercise 1**—Annex  
1:15 pm **Lawn Bowls**  
**Bingo—Cancelled**  
2:00 pm **Water Exercise**—Pool (Weather Permitting)

**Thursday January 4**

*Women's Golf Play am*  
9:00 am **Strengthen & Tone**—Annex  
12:00 pm **Nip & Tuck Pinochle**—Annex  
12:30 pm **Helping Hearts & Hands**—F.V. Church  
1:15 pm **Lawn Bowls**  
6:00 pm **Ceramics Evening**

**Friday January 5**

8:30 am **Aerobics**—Annex  
10:00 am **Exercise 1**—Annex  
12:00 pm **Duplicate Bridge**—Annex  
12:00 pm **Sari's Art Class**—Conference Room  
1:15 pm **Lawn Bowls**  
2:00 pm **Water Exercise**—Pool (Weather Permitting)  
3:30 pm **Shuffleboard**

**Saturday January 6**

1:15 pm **Lawn Bowls**  
6:30 pm **Dominoes**—Men & Ladies Card Room

**NEXT VILLAGER DEADLINE:**

**Monday January 8th**

**Sunday January 7**

10:00 am **Service**—FV Community Church  
1:15 pm **Lawn Bowls**

**Monday January 8**

8:30 am **Aerobics**—Annex  
10:00 am **Exercise 1**—Annex  
10:00 am **Rec Board Meeting**—Auditorium  
1:15 pm **Lawn Bowls**  
2:00 pm **Water Exercise**—Pool (Weather Permitting)  
2:00 pm **Writers Group**—Meeting Place

**Tuesday January 9**

9:00 am **Strengthen & Tone**—Annex  
1:00 pm **Pinochle**—Men's Card Room  
1:15 pm **Lawn Bowls**  
3:30 pm **Shuffleboard**

**Wednesday January 10**

*Men's Golf Play am*  
8:30 am **Aerobics**—Annex  
9:00 am **Party Bridge**—Men & Ladies Card Room  
9:00 am **Ceramics Morning**  
10:00 am **Exercise 1**—Annex  
1:15 pm **Lawn Bowls**  
2:00 pm **Water Exercise**—Pool (Weather Permitting)

**Thursday January 11**

*Women's Golf Play am*  
9:00 am **Strengthen & Tone**—Annex  
12:00 pm **Nip & Tuck Pinochle**—Men's Card Room  
1:15 pm **Lawn Bowls**  
6:00 pm **Ceramics Evening**

**Friday January 12**

8:30 am **Aerobics**—Annex  
9:00 am **Party Bridge**—Men & Ladies Card Room  
10:00 am **Exercise 1**—Annex  
12:00 pm **Duplicate Bridge**—Annex  
12:00 pm **Sari's Art Class**—Conference Room  
1:15 pm **Lawn Bowls**  
2:00 pm **Water Exercise**—Pool (Weather Permitting)  
3:30 pm **Shuffleboard**

**Saturday January 13**

1:15 pm **Lawn Bowls**  
6:30 pm **Dominoes**—Men & Ladies Card Room



# **ATTENTION:**

**BEGINNING JANUARY 1, 2018,  
THE POOL TEMPERATURE  
WILL BE REDUCED FROM 82°  
TO 75°. THIS TEMPERATURE  
REDUCTION IS A COST-SAVING  
MEASURE AND WILL BE IN  
EFFECT FOR JANUARY,  
FEBRUARY AND MARCH 2018.  
ANY QUESTIONS OR  
COMMENTS SHOULD BE  
DIRECTED TO THE  
RECREATIONAL ASSOCIATION  
BOARD**



# CITY OF HOPE



Friendly Valley Chapter



## BINGO & LUNCH



**Saturday, January 27, 2018**

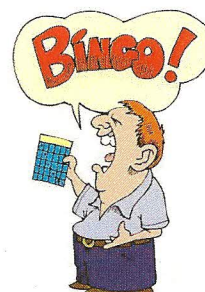
**Time: 1:00PM**

**Place: Friendly Valley Auditorium**

**\$20.00 Donation includes**

**Two Bingo Cards**

**Additional Cards: \$1.00 each**



**SANDWICH \* DESSERT \* COFFEE \* TEA**

**RSVP BY MONDAY, JANUARY 23 TO:**

Phyllis Moskowitz 661-298-8003

Harriet Flancer 661-299-6944

**Check payable to: City of Hope**

**Residents: Use COH mailbox in FV office**

