

Villager Newsletter

May 3rd, 2020 – May 16th, 2020

www.friendlyvalleycountryclubwebsite.com



Friendly Valley Voice

By: Board of Directors

Friendly Valley Recreational Association, Inc.

COVID-19 Update

As you have most likely heard by now, the Safer at Home Order for LA County has been extended through May 15th. This means that the Recreational Facilities, including all buildings, rooms, the Golf Courses, and Pool will remain **CLOSED** until the Order has been lifted.

May 11th Rec Board Meeting Update

On April 2, 2020, we included a notice in the Villager regarding our intent to adopt Election Rules. That notice stated that the Election Rules would be voted on at the May 11th Rec Board Meeting. This notice was sent before the Safer at Home Order was extended, and since we are still unable to meet or gather in person, we have had to change the venue for the meeting. The May 11th Rec Board Meeting will now be held at 10:00am via phone conference. There are two ways to join this meeting: Option 1: Listen via Phone — Option 2: Listen via Computer, Tablet, or Smartphone

[This section **REDACTED** for posting]

FOR THE PASSCODE TO JOIN AND LISTEN TO THE MEETING: PLEASE REFER TO THE VILLAGER THAT WAS DELIVERED TO YOUR HOME or CALL THE BUSINESS OFFICE TO OBTAIN THE PASSCODE.

Remember: Once you have joined the meeting, please **MUTE** your phone or microphone immediately after you have joined.

In the interest of keeping the meeting brief and helping us maintain order on this new platform, we ask that all questions and comments that would usually be asked during an Open Forum be submitted ahead of time. The Board **will not** be taking questions during the meeting, but they will answer the questions that were previously submitted. Please submit your questions and comments online or call the Business Office no later than **Friday, May 8th at 5:00pm**. Please keep in mind that this is the first time we are using this platform, and there may be glitches, so please bear with us as we are doing our best to make sure that this runs as smoothly as possible. Thank you for your patience and understanding.

HVAC Construction Update

Due to extensive construction, the Business Office will be **CLOSED** the week of May 4th, and possibly the following week. Please call the Security Office at (661) 252-2666 if you have an urgent matter or call the Business Office and leave a message and we will get back to you as soon as possible. We apologize for the inconvenience but we hope you are as excited as we are to have a new and functioning HVAC system!

California Fresh Foods

We hope that as of this newsletter, you're all safe and well. California Fresh Foods would like to thank those of you who have inquired and/or purchased our product. The response has been terrific. We continue to strive to provide highest quality foods and meals delivered to your door saving you uncomfortable and disappointing trips to the grocery store. Our offerings of freshly prepared, vacuum-sealed meals, meats, and side dishes and bulk items are all available with FREE delivery to the residents of Friendly Valley. Use Promo Code: FVH. Please include your association number after FVH in the promo code box. California Fresh Foods is in your neighborhood on Mondays and Thursdays and will contact you by telephone regarding your delivery.

We are now easier to find. If you do not have access to the Internet, please call us at **(818) 885-7856** to place your order over the phone. Otherwise, simply google California Fresh Foods or californiafreshfoods.com. Our website will be right there, top line, first result. You can also reach us via email at info@californiafreshfoods.com. Please contact us at the above phone number if you need assistance with placing your order. California Fresh Foods also has a Friendly Valley resident liaison, Patti Kreis of Association 7, who is available if you have any questions. Patti can be reached at 661-755-8506.

Due to the extension of the Safer at Home Order, all events that take place in the Recreational Facilities have been **CANCELLED** through May 15th.

We thought we'd shake things up for this issue. Daria Landress, a wonderful volunteer and Association 2 resident, conducted interviews with two of Friendly Valley's most active residents. Enjoy!

Linda Bird-Davies Interview
By: Daria Landress

Linda Bird-Davies has lived in Friendly Valley, Association 2, for three years. When asked if she would entertain an interview, Linda shared the following:

"I have always worked full time until the recent pandemic. I was furloughed from my position as the Program Coordinator of two programs at the SCV-Senior Center; Supporting Grandparents and Relative Caregivers and the Adult Day Program that provides daily programs for the memory impaired. In addition to working full time, I also facilitated two evening support groups, participate in a book study group, and an exercise group. I am active with my church and enjoy Sunday service."

As of March 17th, all these activities stopped, but Linda continued to be of service by delivering meals to seniors who were self-isolating in increased numbers. She did this for a month, until one day she woke up feeling sick, and became frightened that she may have contracted the virus. Thank God she did not and is healthy! But the scare alone, was enough for Linda to resign from delivering meals and stay home.

Stay home? Linda? How can this be? Linda is always busy and almost never home!

"I met the challenge at first by washing windows, cleaning closets, and offering to go to the grocery store for my neighbors. I want this time to have meaning, as it is a time that will hopefully be remembered as a turning point in history and I want to play a positive part. So, I cook and share food, send daily love letters to my granddaughter, and I have learned to FaceTime with family and Zoom with clients. I have colorfully chalked my walkway to offer hope and just last week I rescued a small dog, that, may have rescued me. I go for long walks and for the first time I track my steps trying to compete each day with a longer distance. I would love to see wind chimes on more houses, so I am looking for ways to create art that will resonate hope. I look forward to the time when we can have some dance parties on our green spaces (even if we wear our masks and dance six feet from each other).

Rosemarie Regis Interview
By: Daria Landress

Rosemarie Regis is a longtime resident of Santa Clarita Valley who settled in FV in 2006. Rosemarie lives in Association Five, has previously served as a Director on the Rec Board, and is one of FV's most active residents. In a recent conversation with Rosemarie, I asked her how she was feeling about and coping with the current events we are presently facing and asked her to share a bit about how she spends her time these days.

For those who don't know her, Rosemarie's weekly schedule usually includes teaching three exercise classes and a Zumba class for FV residents. Outside of Friendly Valley, Rosemarie, and her husband Don serve the greater community by volunteering as Docents at Placerita Nature Center and Hart Park. The couple also supports the Performing Arts Center at College of the Canyons, by working as ushers for various events. Rosemarie feels fortunate to have a compatible mate by her side and especially during this time of isolation, it is truly a blessing to be in tune with the other.

[Continued on Page 4]

Friendly Reminder

All Board Members are volunteers. Please **do not** call your Board Members at home unless it is a true emergency. Thank you.

Friendship Line for Seniors—CA

1 (888) 670-1360 for seniors facing loneliness, isolation, and anxiety

Fridays with the Professors

Fridays with the Professors will be meeting via video conferencing throughout the month of May. The first topic, on May 1, at 1pm, will be "Higher Education in the World of Incarceration". To participate you **must** be enrolled. Send your email address to fgjordan@socal.rr.com. Each Friday morning you will get an email message telling you the topic and giving instructions for joining in.

Santa Clarita Grocery

For anyone running low on their food supply, Santa Clarita Grocery acts as a food pantry & is here to help. Call 661-425-7575 for more info.

City of Hope

May Meetings and the City of Hope Fashion Show have been cancelled. Stay safe!

F.V. Senior Travel Club

The June Laughlin Getaway trip to Riverside Resort Hotel and Casino has been cancelled. The trip will be rescheduled at a later date.

F.V. Senior Club

Craft Fair/Swap Meet on May 2nd has been cancelled. Sorry for the inconvenience. Stay well!

BOARD MEETINGS

Are you involved with your Association?

Assn. 1	May 5th	See Insert
Assn. 2	May Mtg	See Flyer distributed on 4/27
Assn. 3	May Mtg	Cancelled
Assn. 4	May 12th	Zoom Meeting, see Insert
Assn. 5	May Mtg	Cancelled
Assn. 6	May Mtg	TBD
Assn. 6A	May Mtg	TBA
Assn. 6BC	May Mtg	Cancelled
Assn. 7	May Mtg	TBD
Assn. 8	May 26th	2:00pm Conference Room
Assn. 9	May Mtg	TBD
Assn. 10	May Mtg	TBD
Assn. 11	May Mtg	Cancelled

Community Council Meeting

Wednesday, May 6, 2020
Meeting has been cancelled.

Rec Board Meeting

Monday, May 11, 2020
Phone Conference @ 10am, see Front Page

SECURITY NEWS

Reminder that the Security Office is CLOSED. Staff are still available via phone. Call the Security Office if you need a Parking Permit, to add someone to your Guest List, or if you have any other concerns. Also, please beware of bobcats while out walking.

Due to the extension of the Safer at Home Order, all events that take place in the Recreational Facilities have been **CANCELLED** through May 15th.

Sunday May 3

10am—11am FV Community Church—No Service, but the Church will be available for prayer

Sunday May 10

10am—11am FV Community Church—No Service, but the Church will be available for prayer

Monday May 4

11:30 am Senior Center Lunch— Boxed Lunches

Monday May 11

11:30 am Senior Center Lunch— Boxed Lunches

Tuesday May 5

Tuesday May 12

Wednesday May 6

11:30 am Senior Center Lunch— Boxed Lunches

Wednesday May 13

11:30 am Senior Center Lunch— Boxed Lunches

Thursday May 7

11:30 am Senior Center Lunch— Boxed Lunches

Thursday May 14

11:30 am Senior Center Lunch— Boxed Lunches

Friday May 8

Friday May 15

Saturday May 9

Saturday May 16

NEXT VILLAGER DEADLINE:
Monday, May 11

[Continued from Page 2]

Rosemarie admits that she misses her exercise classes, her friends, and her volunteer work that includes taking care of the animals at Hart Park but believes that things happen for a reason and she, like all of us, has to adapt to this new reality. Rosemarie feels safe in Friendly Valley and is enjoying the quiet time. She keeps busy with other activities such as completing the intense, online sensitivity training for COC PAC ushers, walking in the fresh air, checking in on her neighbors, and catching up on correspondence with old friends. She has also been cooking more and making a lot of soup that she kindly shares with neighbors. She also takes fruits and veggies twice a week to her animal friends at Hart Park, so that they know they are not forgotten. She has even given herself a haircut, which is a testament to her tenacity in being a problem solver!

When asked if she had any suggestions for others on how to navigate during this uncertain time, Rosemarie simply said, everyone has their own way of dealing with life and each of us needs to follow our own path, but “keeping things simple” seems to work for her and husband.

Thank you for reading and stay well.