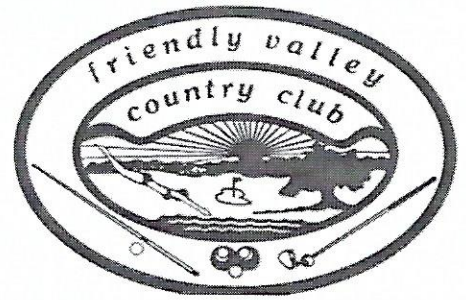


# Villager Newsletter

November 3rd, 2019 - November 16th, 2019

[www.friendlyvalleycountryclubwebsite.com](http://www.friendlyvalleycountryclubwebsite.com)



*Friendly Valley Voice*

*By: Board of Directors*

*Friendly Valley Recreational Association, Inc.*

## Emergency Preparedness

In light of recent events, such as the wildfires, Santa Ana winds, and power outages (oh my!), it has become clear that many of us are unprepared. We believe that preparedness begins at home, so we have put together some tips on how to be better prepared for the next emergency. Please note that the lists provided may not be entirely suited to you or your situation, so please review and adjust accordingly.

## Evacuation

In the event of a wildfire where evacuations become necessary, it is important to keep a level head so you don't leave any truly important/necessary items behind. One way to keep calm is to come up with a plan or a list of items to include in a Go-Bag ahead of time. Some of the items you should consider bringing are:

- |                        |                         |   |
|------------------------|-------------------------|---|
| -Medications           | -Portable Oxygen tanks  | -Flashlight, batteries  |
| -Address Book          | -Glasses/Contact Lenses | -Irreplaceable items like family photos, heirlooms, and jewelry |
| -Keys                  | -Dentures               | -Phone/laptop/tablet and their chargers                         |
| -Cash/Credit Cards     | -Food for your pet(s)   |   |
| -Toothbrush/toothpaste | -Comb                   |   |

### Important Papers:

- |                               |                          |                     |
|-------------------------------|--------------------------|---------------------|
| -ID/Driver's License/Passport | -Social Security Card(s) | -Proof of Insurance |
| -Birth Certificate(s)         | -Medical Records         | -Deed to House      |
| -Will/Trust                   |                          |                     |

### A Change of Clothes:

- |         |                    |         |
|---------|--------------------|---------|
| -Pants  | -Socks & Underwear | -Jacket |
| -Shirts | -Shoes             |         |

## Earthquake Emergency Kit

For some emergencies, such as earthquakes, it is sometimes better to stay put where you are (as long as the structure is still standing). In the event of a major earthquake, ready.gov suggests having the following items in your home Earthquake Emergency Kit:

- |  |                                   |                              |
|--|-----------------------------------|------------------------------|
| -Water (one gallon of water per person per day, for at least 3 days)   |                                   |                              |
| -Non-perishable Food (at least 3 days' supply) & a can opener for food |                                   |                              |
| -Battery-powered radio   | -Flashlight                       | -First Aid Kit               |
| -Whistle to signal for help  | -Moist towelettes/ hand sanitizer | -Garbage bags                |
| -Wrench/pliers to turn off utilities                                   | -Local maps                       | -Sleeping bags/warm blankets |
| -Fire extinguisher   | -Matches/candles                  |                              |

It is important to check the expiration dates and replace items as needed. Again, please review this list and take into consideration your situation. You may need to add additional items such as medical equipment, food and water for your pet(s), etc.

## How to Prepare for a Power Outage

Here are a few items you should consider purchasing in order to prepare for a power outage:

- |                                 |                         |                   |
|---------------------------------|-------------------------|-------------------|
| -Candles, matches               | -Flashlights, batteries | -Backup generator |
| -Battery-operated phone charger | -Non-perishable food    | -Water            |

Please also remember to keep extra portable oxygen tanks on hand, as oxygen concentrators that depend on electricity will not function during a power outage.



## THANK YOU!

Mr. Steve Garey, Liberace Protégé, was so appreciative of the Hammond organ and generous donations that he sent Friendly Valley a CD and a DVD of him playing the piano—both have been added to the F.V. Library.

### GOLF CLUBS

#### **MEN'S**

Every 3rd Wednesday @ 11:00 am in the Golf Lounge.

#### **WOMEN'S**

Interested in joining? Member? Social? For more info call Judy B. (559-250-2217) or Golf Greeter: Terry Dodge (818-741-5649). Meetings 4th Thursdays @ 12:30pm in the Annex.

### CLUBS, CLASSES, AND GROUPS

*(Please call groups before attending to ensure space)*

#### ACRYLIC PAINTING CLASS

Fridays from 12:30pm—2:30pm in the Conference Room. Teacher is Gina Leonard (661-977-1202).

#### BEGINNING TAI CHI

Join us for balance, memory, and mental stimulation. Saturdays 9:30—10am in the Auditorium, Annex, or Patio as posted. Call Kathy (661-360-9556)

#### BIBLE STUDY

Bible Study Tuesdays at 10 am in the Conference Room. (Carol Bennett 250-4590)

#### CATHOLIC ROSARY GROUP

Rosary Recitation Nov. 4 & 11 @ 7pm in the home of Eileen Kearns 18925 Circle of Friends (661-298-2481). All are welcome. Any Questions call Eileen Kearns (661-298-2481).

#### CITY OF HOPE

-Board Mtg Tues., Nov. 5 @ 5:00pm in the Ladies' Card Room  
-General Mtg Sat., Nov. 9 in the Auditorium @ 11:45am Lunch \$5 @ 11am. Entertainment: "Capella Group Heart Beat" Hart High School.

-Visit our table at the Craft Fair/Swap Meet on Nov. 2nd!

#### CERAMICS

Try your hand at being creative with clay. The Ceramics Club is open for new members Mondays & Wednesdays from 9-11:30am and Thursdays from 6-8pm. Come explore your artistic side! For more info call Judy (661-360-9386).

#### DEBTORS ANONYMOUS

We offer hope for people whose use of unsecured debt causes problems & suffering. Compulsive debting is a problem and we find recovery using the D.A. program. Thursdays @ 6pm in the Conference Room. Adela (310-430-0336)

#### FRIDAYS WITH THE PROFESSORS

1pm at the F.V. Church. Nov. 1: "From Savage to Citizen: American Indians in the 19th Century."

#### F.V. COMMUNITY CHURCH

Sunday Service @ 10 am, all denominations welcome!

#### F.V. LAWN BOWLS CLUB

Come join us! Tues., Wed., Thurs., Sat. & Sun. meet 1:15pm, start 1:30pm. Free lawn bowls to use & instruction. For more info call Roy M. (323-850-6569).

#### F.V. LAWN BOWLS CLUB BUNCO

All welcome to BUNCO on Sun., Nov. 3 @ 6:45/7pm in Annex for \$1! Raffle available!

#### F.V. LITTLE THEATER

All invited to FVLT Meeting Mon., Nov. 11 @ 7pm in Audit. **Sound help needed for Little Theater shows! (Call Harry 661-644-1655).**

#### F.V. VETERANS CLUB

Meeting Tues., Nov. 12th @ 7PM in the Annex. All invited, member or not. Guest speaker Marc Daignault about Suicide Prevention. Refreshments will be served.

#### HELPING HEARTS AND HANDS

Join us Nov. 7 & 21 from 1—3pm @ FV Church to sew, knit, and crochet for veterans, nursing homes, hospitals, & homeless. Meet new people while working on various projects.

#### PARTY BRIDGE

Interested in playing bridge? We have Mon., Wed., and Fri. groups. Call Judy @ 559-250-2217 for more info. **Beginning Bridge** Thursdays @ 9:30am in Ladies' Card Room. (Call Joe 661-644-8720)

#### PICKLEBALL

Every Tuesday evening at 6:30pm in the Auditorium. Felicity (661-803-8397).

#### NAMI (National Alliance on Mental Illness)

No cost ongoing support groups. Various location, day, and times. Info on FREE education programs. Call Zee @ 818-371-9381.

#### NIP & TUCK PINOCHLE

1st, 3rd, 4th (& 5th) Thurs. from 11am-4pm in the Men's Card Room. 2nd Thurs. 11:30am in the Annex. (Al Lerch 661-644-2423)

#### NO PASS PINOCHLE

1st Tues. 12pm in the Ladies' Card Room. 2nd, 3rd, 4th (& 5th) Tues. 12pm in the Men's Card Room. (Al Lerch 661-644-2423).

#### SENIOR CENTER LUNCHESES

SC Senior Center Lunches on Mon., Wed., & Thurs. @ 11:30am @ F.V. Church. Call 661-259-9444 for Reservation.

#### WATER EXERCISE

Let's get moving! Fall/Winter Hours: M-W-F at 1:00pm. We'll wiggle and jiggle until our day is fine!

#### WRITERS GROUP

Come share your thoughts, ideas, memories, or stories in writing or verbally. Thursdays from 2pm-4pm in the Ladies' Card Room. For info call Jane Hills (661-299-9441).

#### ZUMBA

No charge—video only. 5:45pm on Fridays in the Annex. Wear comfortable clothes & non-gripping shoes. Call Rosemarie Sanchez-Fraser for more info.



### **Association 8 Election Results**

The Results of the Association 8 Annual Election held on October 22, 2019 are as follows:

- Elayne Klein ..... 1 year
- Carl "Joe" Kornbau ..... 2 years
- Martha Smith ..... 2 years

### **Election Reminders:**

- If your Association is voting on multiple items, be sure to put all ballots into the *same* Ballot Envelope.
- Inspectors of Election envelopes must have your Name, FV address, and Signature in order to be counted.

### **F.V. Clubs, Classes, and Groups:**

2020 Reservation Request Packets are now available for pick up in the Business Office.

### **BINGO Cancelled**

Bingo has been cancelled until further notice.

### **Good Neighbor List**

If you're looking for a way to volunteer or give back to your community, you should consider signing up for the Good Neighbor List! If you are able to help with things like grocery shopping, rides, light handyman work, etc., please sign up in the Business Office.

### **BOARD MEETINGS**

Are you involved with your Association?

Assn. 2	November 5th	10:00 am <i>Ladies' Card Room</i>
Assn. 1	November 5th	7:00 pm <i>Annex</i>
Assn. 7	November 6th	7:00 pm <i>Auditorium</i>
Assn. 3	November 8th	9:30 am <i>Auditorium</i>
Assn. 5	November 12th	2:00 pm <i>Auditorium</i>
Assn. 4	November 14th	11:00am <i>Auditorium</i>
Assn. 6BC	November 14th	5:00 pm <i>Conference Room</i>
Assn. 11	November 14th	6:30 pm <i>Annex</i>
Assn. 9	November 18th	6:00 pm <i>Pierce's Home</i>
Assn. 6A	November 19th	6:00 pm <i>Annex</i>
Assn. 6	November 21st	6:00 pm <i>Annex</i>
Assn. 10	November 22nd	6:00 pm <i>Annex</i>
Assn. 8	November 26th	2:00 pm <i>Conference Room</i>

### **Community Council Meeting**

Wednesday, November 6, 2019  
@ 10 am in the Auditorium

### **Rec Board Meeting**

Monday, November 11th, 2019  
@ 10 am in the Auditorium

### **SECURITY NEWS**

Because of the recent increases in bobcat and coyote sightings around Friendly Valley, please remember to bring your pets indoors at night and double-check that your garage door is closed!



**Sunday November 3**

10:00 am **Service**—FV Community Church  
 1:15 pm **Lawn Bowls**  
 6:45 pm **FVLBC Bunco**—Annex

**Monday November 4**

8:30 am **Aerobics**—Annex  
 9:00 am **Ceramics Morning**  
 10:00 am **Exercise 1**—Annex  
 11:30 am **Senior Center Lunch**—FV Church  
 1:00 pm **Water Exercise** —Pool  
 6:30 pm **Jazzercise** —Annex  
 7:00 pm **Billiards**—Game Room

**Tuesday November 5**

9:00 am **Strengthen & Tone**—Annex  
 10:00 am **Bible Study**—Conference Room  
 12:00 pm **No Pass Pinochle**—Ladies' Card Room  
 1:15 pm **Lawn Bowls**  
 2:00 pm **Writers Group**—Ladies' Card Room  
 6:30 pm **Pickleball**—Auditorium  
 7:00 pm **Darts** —Game Room

**Wednesday November 6**

*Men's Golf Play am*  
 8:30 am **Aerobics**—Annex  
 9:00 am **Ceramics Morning**  
 9:00 am **Party Bridge**—Both Card Rooms  
 10:00 am **Exercise 1**—Annex  
 11:30 am **Senior Center Lunch**—FV Church  
 1:00 pm **Water Exercise** —Pool  
 1:15 pm **Lawn Bowls**  
 5:30 pm **Friendly 8**—Golf Lounge  
 6:30 pm **Jazzercise** —Annex  
 6:30 pm **Dominoes**—Conference Room  
 7:00 pm **Billiards**—Game Room

**Thursday November 7**

*Women's Golf Play am*  
 9:00 am **Strengthen & Tone**—Annex  
 9:30 am **Beginning Bridge** — Ladies' Card Room  
 11:30 am **Nip & Tuck Pinochle**—Men's Card Room  
 11:30 am **Senior Center Lunch**—FV Church  
 1:00 pm **Helping Hearts & Hands**—FV Church  
 1:15 pm **Lawn Bowls**  
 6:00 pm **Ceramics Evening**  
 6:00 pm **Debtors Anonymous**—Conference Room  
 7:00 pm **Darts/Bumper Pool** —Game Room

**Friday November 8**

8:30 am **Aerobics**—Annex  
 10:00 am **Exercise 1**—Annex  
 12:00 pm **Friday Bridge**—Annex  
 12:30 pm **Acrylic Painting Class**—Conference Room  
 1:00 pm **Water Exercise** —Pool  
 6:00 pm **Zumba Gold Dance Class** —Annex  
 7:00 pm **Billiards**—Game Room

**Saturday November 9**

9:30 am **Beginning Tai Chi**—Location TBD  
 1:15 pm **Lawn Bowls**  
 6:30 pm **Dominoes**—Men's Card Room

**NEXT VILLAGER DEADLINE:**

**Monday, November 11th**

**Sunday November 10**

10:00 am **Service**—FV Community Church  
 1:15 pm **Lawn Bowls**

**Monday November 11**

8:30 am **Aerobics**—Annex  
 9:00 am **Ceramics Morning**  
 10:00 am **Exercise 1**—Annex  
 11:30 am **Senior Center Lunch**—FV Church  
 1:00 pm **Water Exercise** —Pool  
 6:30 pm **Jazzercise** —Annex  
 7:00 pm **Billiards**—Game Room

**Tuesday November 12**

9:00 am **Strengthen & Tone**—Annex  
 10:00 am **Bible Study**—Conference Room  
 1:15 pm **Lawn Bowls**  
 2:00 pm **Writers Group**—Ladies' Card Room  
 6:30 pm **Pickleball**—Auditorium  
 7:00 pm **Darts** —Game Room

**Wednesday November 13**

*Men's Golf Play am*  
 8:30 am **Aerobics**—Annex  
 9:00 am **Ceramics Morning**  
 9:00 am **Party Bridge**—Both Card Rooms  
 10:00 am **Exercise 1**—Annex  
 11:30 am **Senior Center Lunch**—FV Church  
 1:00 pm **Water Exercise** —Pool  
 1:15 pm **Lawn Bowls**  
 5:30 pm **Friendly 8**—Golf Lounge  
 6:30 pm **Jazzercise** —Annex  
 6:30 pm **Dominoes**—Men's Card Room  
 7:00 pm **Billiards**—Game Room

**Thursday November 14**

*Women's Golf Play am*  
 Happy Halloween!  
 9:00 am **Strengthen & Tone**—Annex  
 11:30am **2nd Thursday Pinochle**—Annex  
 11:30 am **Senior Center Lunch**—FV Church  
 1:15 pm **Lawn Bowls**  
 6:00 pm **Ceramics Evening**  
 7:00 pm **Darts/Bumper Pool** —Game Room

**Friday November 15**

8:30 am **Aerobics**—Annex  
 10:00 am **Party Bridge**—Both Card Rooms  
 10:00 am **Exercise 1**—Annex  
 12:00 pm **Friday Bridge**—Annex  
 12:30 pm **Acrylic Painting Class**—Conference Room  
 1:00 pm **Water Exercise** —Pool  
 6:00 pm **Zumba Gold Dance Class** —Annex  
 7:00 pm **Billiards**—Game Room

**Saturday November 16**

9:30 am **Beginning Tai Chi**—Location TBD  
 1:15 pm **Lawn Bowls**  
 6:30 pm **Dominoes**—Men's Card Room